



BREAKFAST SANDWICHES

BACON, EGG & CHEESE CROISSANT • \$7 PORK, EGG & CHEESE CUBAN • \$7

HAM, EGG & CHEESE BAGEL • \$7

Monterey Jack • Swiss • Cheddar Gluten Free Toast • On Request

AVOCADO TOAST • \$6.5

Olive Oil • Tomato • Celery Salt
Gluten Free • + \$1.5

BAGEL \$3 Plain • Everything • Cinnamon Raisin
Cream Cheese \$1.5

YOGURT PARFAIT • \$6

Berries • Granola • Yogurt

GF OATMEAL \$4 • FRUIT CUP \$4

GLUTEN FREE WAFFLES \$8

WITH MAPLE SYRUP & BUTTER

TOPPINGS • \$1

BLUEBERRIES • STRAWBERRIES • WHIPPED CREAM NUTELLA • PEANUT BUTTER • BANANAS

FROM THE BAKERY

Crossiant \$3.50 • Chocolate Croissant \$4 Ham & Swiss Croissant \$5 Assorted Muffins \$4 • Pound Cake Slice \$4

Fresh Baked Cookie \$2.50

LOCAL ROASTED KAHWA COFFEE

	1∠ 0z	2 U 0z	16 UZ	
REGULAR	2.75	3.50		
DECAF	2.75	3.50		
COLD BREW			4.00	
	Single	Double	Iced	100
ESPRESSO	3.00	4.00		
MACCHIATO	3.50	4.50		
CAPPUCCINO	3.50	4.75		
LATTE	3.50	4.75	4.25	
AMERICANO	3.00	4.00	4.00	
CHAI TEA LATTE	3.50	4.75	4.00	

ADD A SHOT OF ESPRESSO \$1.00 CARAMEL • MOCHA • HAZELNUT • VANILLA .50

HOT CHOCOLATE 3.50



4.50

SOFT SERVE ICE CREAM

VANILLA • CHOCOLATE - OR - MAKE IT A TWIST CUP REGULAR \$4 | LARGE \$5.5 | AFFOGATO \$5

TOPPINGS \$1 - CHOCOLATE • CARAMEL• OREO

M & M'S • REESES PIECES • RAINBOW SPRINKLES

CAKE CONE \$3.75 | WAFFLE CONE \$4.75 CHOCOLATE DIPPED WAFFLE CONE \$5.75

MILKSHAKES \$6

CHOCOLATE • VANILLA • STRAWBERRY BANANA • BLUEBERRY

FRUIT & YOGURT SMOOTHIES \$7.5 EACH

MIXED BERRIES

BLUEBERRY, STRAWBERRY, BLACKBERRY, RASPBERRY, GREEK YOGURT, AGAVE

CHOCOLATE MONKEY

ALMOND MILK, DARK CHOCOLATE, BANANA, PEANUT BUTTER, GREEK YOGURT

GREEN DREAM

SPINACH, ORANGE JUICE, GREEK YOGURT, AGAVE

THE FLASH

COLD BREW, BANANAS, ALMOND MILK

DREAMSICLE

ORANGE JUICE, VANILLA SOFT SERVE

HALEY'S COMET

PEANUT BUTTER, BANANA, ALMOND MILK, VANILLA SOFT SERVE

JUMPING JOHNNY

STRAWBERRIES, BANANA, GREEK YOGURT ORANGE JUICE. AGAVE

ADD WHEY PROTEIN - VEGAN PROTEIN - \$1

ICE BAG \$2







MIMOSA - SM \$6 - LG \$9

WINE BY THE GLASS - \$6

PROSECCO, CHARDONNAY, PINOT GRIGIO PINOT NOIR, CABERNET SAUVIGNON, MERLOT

KOMBUCHA \$4 - BEER ON TAP \$4

CUSTOM SANDWICHES

PRESSED CUBAN \$12

PORK, HAM, SWISS CHEESE, PICKLES, MUSTARD, MAYO

TOASTED FRENCH DIP \$13.5

CUBAN BREAD, ROAST BEEF, SWISS, HORSEY SAUCE, AU JUS

TURKEY CHEDDAR \$11

CRANBERRY CHUTNEY, LETTUCE, TOMATO

HAM & CHEESE WRAP \$10.5
CHEDDAR, TOMATO, CHIPOTLE SPREAD

VEGGIE WRAP \$10

ROMAINE, AVOCADO, TOMATO, ONION, FETA, BALSAMIC

CHICKEN SALAD CROISSANT \$10

LETTUCE, TOMATO

SPINACH WRAP & GF WRAP ON REQUEST

POTATO SALAD \$3 - CHIPS \$1.95





ALL NATURAL BEEF DOGS 1/4 LB

BEACH DOG \$6.5
RELISH, ONION, TOMATO, PEPPERS, MUSTARD, CELERY SALT
CHILI CHEDDAR CHEESE DOG \$7

PLAIN DOG \$5.5

SOUP OF DAY OR CHILI

CUP \$6 | BOWL \$8

GIFT CARDS AVAILABLE

FRESH SALADS

THE BURG SALAD \$12

ROMAINE, TOMATOES, GREEN OLIVES, SLICED HAM & SWISS, BALSAMIC DRESSING

TURKEY SPINACH SALAD \$12

STRAWBERRIES, SUNFLOWER SEEDS, FETA CHEESE, POPPYSEED DRESSING

CAESAR CHICKEN SALAD \$12

CHICKEN SALAD, ROMAINE, CROUTONS, PARMESAN, CAESAR DRESSING

SALAD - SMALL \$6 OR LARGE \$9 CHOOSE - ROMAINE OR SPINACH DRESSINGS - BALSAMIC - CAESAR - POPPY SEED

ICED BLACK or GREEN TEA, LEMONADE \$3



ORGANIC ACAI BOWLS

ACAI FRUIT, ALMOND MILK & BANANA

THE NANCY - \$12

BLUEBERRY, BANANA, STRAWBERRY, GRANOLA, AGAVE

THE STEVE - \$12

BANANA, COCONUT, SLICED ALMONDS, PEANUT BUTTER, HONEY

NAME YOUR BOWL - \$10 CHOOSE OF 3 TOPPINGS OF YOUR CHOICE:

STRAWBERRIES, BLUEBERRIES, BANANAS, HONEY, SHAVED ALMONDS, SHREDDED COCONUT, GLUTEN FREE GRANOLA, PEANUT BUTTER, AGAVE

ADD EXTRA TOPPINGS - \$1